

The family that eats plenty of
Quaker Oats
is a healthy, rugged family.

The most popular food in the world because it does most and costs least.

HOSPITABLE MAN.



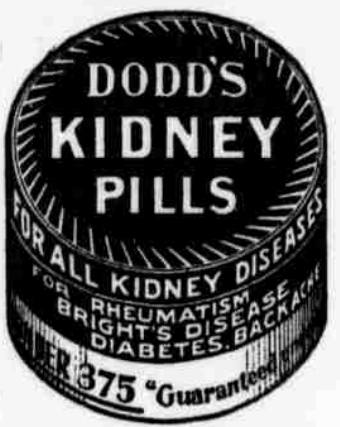
"Our master is a charming man. Every year he admits one of us to his table."

LEG A MASS OF HUMOR

"About seven years ago a small abrasion appeared on my right leg just above my ankle. It irritated me so that I began to scratch it and it began to spread until my leg from my ankle to the knee was one solid scale like a scab. The irritation was always worse at night and would not allow me to sleep, or my wife either, and it was completely undermining our health. I lost fifty pounds in weight and was almost out of my mind with pain and chagrin as no matter where the irritation came, at work, on the street or in the presence of company, I would have to scratch it until I had the blood running down into my shoe. I simply cannot describe my suffering during those seven years. The pain, mortification, loss of sleep, both to myself and wife is simply indescribable on paper and one has to experience it to know what it is.

"I tried all kinds of doctors and remedies but I might as well have thrown my money down a sewer. They would dry up for a little while and fill me with hope only to break out again just as bad if not worse. I had given up hope of ever being cured when I was induced by my wife to give the Cuticura Remedies a trial. After taking the Cuticura Remedies for a little while I began to see a change, and after taking a dozen bottles of Cuticura Resolvent, in conjunction with the Cuticura Soap and Cuticura Ointment, the trouble had entirely disappeared and my leg was as fine as the day I was born. Now after a lapse of six months with no signs of a recurrence I feel perfectly safe in extending to you my heartfelt thanks for the good the Cuticura Remedies have done for me. I shall always recommend them to my friends. W. H. White, 312 E. Cabot St., Philadelphia, Pa., Feb. 4 and Apr. 13, 1909."

Anyway, a shiftless man can blame his wife for his failure to make good.



Make the Liver Do its Duty

Nine times in ten when the liver is right the stomach and bowels are right. **CARTER'S LITTLE LIVER PILLS** gently but firmly compel a lazy liver to do its duty. Cures Constipation, Indigestion, Sick Headache, and Distress after Eating. Small Pill, Small Dose, Small Price. GENUINE must bear signature: *W. H. Wood*

For a Tough Beard or Tender Skin
NO STROPPING NO HONING



BROWN'S BRONCHIAL TROCHES
An absolutely harmless remedy for Sore Throat, Hoarseness and Coughs. Give immediate relief in Bronchial and Lung Affections. Fifty years' reputation. Price, 25 cents, 50 cents and \$1.00 per box. Sample sent on request. JOHN I. BROWN & SON, Boston, Mass.

CARE OF VALUABLE CHINA

Sudden Changes of Temperature to Be Guarded Against—Arrangement of Shelves.

The heaviest cut glass cracks under a change of temperature, writes a correspondent of the Chicago Tribune. I once saw an ice cream dish of this costly ware split in half while the mold of ice cream was being helped. Inquiry at the factory disclosed the fact that the sudden fall of temperature, combined with the pressure in cutting the ice cream, had caused the accident. Had the dish been set in the refrigerator a little while before the ice cream had been served it would never have split in half. In washing cut glass, therefore, place it in warm water first before putting it in the hot soap suds.

When cleansing delicate and costly china, strong soaps and soap powders should be avoided. They will surely cut into the glazing and decorations. Either ammonia or borax is safer.

In arranging handsome china on the shelves, soft mats should be placed between the plates to avoid scratches and nicks. The cups should be hung by their handles from hooks. This is much safer than piling them up on the shelves. Platters should rest lengthwise in a groove on the back of the shelf.

In washing handsome glass and china there should always be an exceedingly soft cloth to be used for a polisher after the piece has been dried with the usual dish cloth.

In washing ordinary china it will be found that the hotter the water the easier the pieces are to dry and the shinier they will be.

If a housekeeper can persuade her maid to rinse-off all dishes before putting them into the first dishwater she has indeed achieved a triumph, and the maid will learn at once that such systematic dishwashing makes the work a hundred times easier than to dump greasy dishes into a pan of lukewarm soap suds.

The general rule for washing dishes is first the glasses, then the teacups, then the silver and then the plates. While waiting for their turn to come the silver should be piled into a large crock or earthenware bowl full of hot water, with a little powder or ammonia. They will be entirely free from grease by the time you are ready to wash them.

The cook who scatters food around the sink and pours greasy water down the pipe should be taught one good lesson by her mistress, but the cook whose sink is as clean and shining as a new tin pan is an abiding joy.

Dainty Plum Pudding.

One and one-half cups of granulated sugar, one-half cup of soft butter, cream together and add one-half cup of sweet milk, two and one-fourth cups of pastry flour, one teaspoonful of baking powder, a pinch of salt and one teaspoonful of vanilla and almond mixed. Lastly fold in the stiff whites of five eggs. Have ready one cupful each of currants, choice seeded raisins, thinly sliced citron and chopped pecan nuts. Mix with the dough and pour into a buttered mold and steam three hours. Serve in slices with a generous helping of honey sauce, made as follows:

Whip one pint of cream stiff and flavor with almond; then whip into it one pound of white comb honey cut into tiny bits. Make several hours before using so it will be cold and hard. A tablespoonful of granulated gelatine should be added to the cream. A square loaf cake pan is the best for steaming the pudding in, as it can then be cut in nice slices.

Potato Dumplings.

Mash fresh boiled potatoes and heat until light. Work in as much flour as possible, allowing a teaspoonful of baking powder to each cup and a half of flour. Add a tablespoonful of cream and a beaten egg, enough to make rich, with pepper and salt to season. Make into balls in the hand, rolling them to about the size of pigeon eggs. Have ready in wide, shallow kettle some boiling salted water (not too much) and drop in the dumplings, which should be stiff enough to keep in shape.

Cover immediately, putting a weight on the lid of the kettle to keep airtight. Have a stove lid or piece of asbestos under the kettle to prevent scorching. Cook 20 minutes without uncovering or allowing the water to stop boiling. Serve hot, as a vegetable. If any are left over they are nice cut in slices and fried.

Economical Soup.

Take bits of beef or mutton left over, also bones of same broken. Put it in a kettle with a few nice Irish potatoes; two small onions cut up fine, one dessertspoonful of rice. Boil the ingredients one and a half hours; strain and add one and a half pints of milk when boiling, into which a lump of butter size of an egg and tablespoonful of flour have been stirred. Season with salt, pepper and bits of celery finely chopped; also small squares of bread or crackers fried brown in butter.

Crullers.

One and one-half cups of sugar, two tablespoonfuls of butter, one and one-half cups of milk, two eggs and the yolk of another, one-half teaspoonful of ginger, one-half teaspoonful of salt, one teaspoonful soda in the milk, and one teaspoonful baking powder in the flour, one teaspoonful of vanilla, and a little nutmeg. Cut in strips a half inch wide and six inches long, fold together, twist, and fry. Do not powder with sugar until ready to eat.

PHYSICIANS OF OMAHA DISAGREE

DIFFERENT OPINIONS ON COOPER'S REMARKABLE SUCCESS HELD BY MEDICAL MEN OF NEBRASKA METROPOLIS.

Omaha, Neb., Feb. 16.—The astonishing sale of Cooper's preparations in this city has now reached such immense figures that the medical fraternity at large have become forced into open discussion of the man and his preparations.

The physicians as a whole seem to be divided with regard to the young man's success in Omaha—some being willing to credit him for what he has accomplished, while others assert that the interest he has aroused is but a passing fad which cannot last, and which will die out as quickly as it has sprung up.

The opinion of these two factions is very well voiced in the statements made recently by two of a number of physicians who were interviewed on the subject.

Dr. J. E. Carass, when questioned about the matter said: "I have not been a believer in proprietary preparations heretofore, nor can I say that I believe in them at present. But I must admit that some of the facts recently brought to my notice concerning this man Cooper have gone far towards removing the prejudice I had formed against him when the unheard-of demand for his preparations first sprang up in this city. Numbers of my patients whom I have treated for chronic liver, kidney and stomach troubles have met me after taking Cooper's remedy and have stated positively that he has accomplished wonderful results for them. I notice particularly in cases of stomach trouble that the man has relieved several cases of years' standing that proved very obstinate to treatment."

"I am the last man on earth to stand in the way of anything that may prove for the public good simply through professional prejudice, and I am inclined to give Cooper and his preparations credit as deserving to some extent the popular demonstration that has been accorded them in this city."

Another well known physician who was seen took the opposite view of the "Cooper-man," as he called it, which now has this city in its grip. He said: "I can only liken the present state of affairs to a certain kind of hallucination. For want of a better name, I might call it 'Cooper-mania.' The people of Omaha seem to be firm in the belief that this man Cooper has health corked up in a bottle."

"Some of them imagine that he has completely cured them of various ills, judging from their statements. It is beyond me to say why the city has gone crazy over the man. It may be safely put down, I think, to one of the passing fads that so often attack the American public."

"Sooner or later the people are bound to regain their senses and will then realize that the reputable physician is the one to whom their health had best be entrusted."

In the meantime Cooper meets several thousand people daily, and only smiles when statements of the above character are quoted to him.

Doubtful.

A teacher was telling a class at school on a recent Sunday about the deluge, remarking: "And then it rained for 40 days and 40 nights."

Then a little boy asked: "Were the farmers satisfied then, miss?"—The bits.

Important to Mothers.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the *Castor* Signature.

In Use For Over 30 Years. The Kind You Have Always Bought.

Rather than follow a multitude to do evil, one should stand, like Pompey's pillar, conspicuous by one's self, and single in integrity.—Sir Thomas Browne.

When Rubbers Become Necessary.

And your shoes pinch, shake into your shoes Allen's Foot-Ease, the antiseptic powder for the feet. Cures tired, aching feet and takes the sting out of corns and bunions. Always use it for breaking in new shoes and for dancing parties. Sold everywhere. Sample mailed FREE. Address, Allen E. Olmsted, Le Roy, N. Y.

Down Easy.

"Golly, Mike! are you alive after falling two stories?" "Why, that's not far. This is a 51-story building."—Judge.

Great Home Eye Remedy.

for all diseases of the eye, quick relief for using PETTIT'S EYE SALVE. All druggists or Howard Bros., Buffalo, N. Y.

It is easier for men to get on financially than it is for women to get on a car forward.

HAVE YOU A COUGH, OR COLD?

If so, take Allen's Lung Tonic and watch results. Simple, safe, effective. All dealers. Popular prices—25c, 50c, and \$1.00 bottles.

And the more a woman knows about men the less she has to say on the subject.

ROCKY BOY INDIAN LANDS OPEN FOR SETTLEMENT.

Secretary Ballinger has issued instructions to throw open 1,400,000 acres of land in Eastern Montana to white settlers.

This land was withdrawn about two years ago for the purpose of allotting to the Rocky Boy Indians. The tract contains the very choicest lands in Valley County and wherever farming has been carried on, it has produced yields of from 20 to 30 bushels of wheat per acre, 40 to 50 bushels of oats and large crops of hay, alfalfa and vegetables.

There are over 8,000 160-acre homesteads in this tract, which is considerable more than the combined total in the Flathead, Spokane and Coeur d'Alene Reservations, which were opened to settlement last summer.

Worth Keeping.

"John, do you recognize this hat?" "No, I can't say that I do. It looks rather dilapidated."

"Yes, I have been keeping it as a dear memento. I was wearing it when you and I first met. That was 15 years ago."

"I hope you'll keep it always. It ought to convince you that you must have been mighty good looking once, seeing that even with that thing on your head you caused me to fall in love with you."

STATE OF OHIO CITY OF TOLEDO, I.

LEWIS COUNTY, I. ss. FRANK J. CHENEY, Notary Public, do hereby certify that the within and foregoing is a true and correct copy of the original of the same, as the same appears from the records of said county.

FRANK J. CHENEY, Notary Public, do hereby certify that the within and foregoing is a true and correct copy of the original of the same, as the same appears from the records of said county.

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He Owned Up.

"Own up, now. Who's the head of your family?" "My wife used to be," admitted Mr. Empeck, "but since my daughters are grown, we have a commission form of government."—Exchange.

Rheumatism Relieved in 6 Hours. Dr. Dechou's Relief for Rheumatism usually relieves severe cases in a few hours. Its action is remarkable. It removes the cause and the disease quickly disappears. First dose benefits. 75c. Druggists.

The more cause one has for loss of patience, the more reason there is for holding it.—Stuart.

EXPOSURE TO COLD

Dr. Dechou's Relief for Rheumatism usually relieves severe cases in a few hours. Its action is remarkable. It removes the cause and the disease quickly disappears. First dose benefits. 75c. Druggists.

Generally the man or woman who says "I don't care" is a liar.

ONLY ONE "BROMO QUININE." That is LAXATIVE BROMO QUININE. Look for the signature of F. W. GROVE. Use the World over to Cure a Cold in One Day. 25c.

And a lot of good resolutions are manufactured the morning after.

Lewis' Single Binder straight 5c cigar is made to satisfy the smoker.

Too many eye-openers are apt to make a man see double.



A Mother's Love

wisely directed, will cause her to give to her little ones only the most wholesome and beneficial remedies and only when actually needed, and the well-informed mother uses only the pleasant and gentle laxative remedy—Syrup of Figs and Elixir of Senna—when a laxative is required, as it is wholly free from all objectionable substances. To get its beneficial effects always buy the genuine, manufactured by the California Fig Syrup Co.

PARKER'S HAIR BALM (Glosses and beautifies the hair. Promotes a luxuriant growth. Never fails to restore Gray Hair to its youthful color. Cures itching humors & scalp eruptions. 25c and 50c at Druggists.)

PATENTS

Watson E. Coleman, Wash. D.C., 1100 14th St. N.W. Patent Attorney. If afflicted with: Thompson's Eye Water. W. N. U., ST. LOUIS, MO. 8-1910.

PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without rippling apart. Write for free booklet—How to Dye, Bleach and Clean Colors. MONROE DRUG CO., Quincy, Ill.

Noncommittal. "What do you call your cook?" "Mary in her name."

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Anything is wrong that is almost right.

Nursing Mothers and Over-burdened Women

In all stations of life, whose vigor and vitality may have been undermined and broken-down by overwork, exacting social duties, the too frequent bearing of children, or other causes, will find in Dr. Pierce's Favorite Prescription the most potent, invigorating restorative strength-giver ever devised for their special benefit. Nursing mothers will find it especially valuable in sustaining their strength and promoting an abundant nourishment for the child. Expectant mothers too will find it a priceless boon to prepare the system for baby's coming and rendering the ordeal comparatively painless. It can do no harm in any state, or condition of the female system.

Delicate, nervous, weak women, who suffer from frequent headache, backache, dragging-down distress or from painful irregularities, gnawing or distressed sensation in stomach, dizzy or faint spells, see imaginary specks or spots floating before eyes, have disagreeable, catarrhal drain, prolapsus, anteversion or retroversion or other displacements of womanly organs from weakness of parts will, whether they experience many or only a few of the above symptoms, find relief and a permanent cure by using faithfully and fairly persistently Dr. Pierce's Favorite Prescription.

This world-famed specific for woman's weaknesses and peculiar ailments is a pure glyceric extract of the choicest native medicinal roots without a drop of alcohol in its make-up. All its ingredients printed in plain English on its bottle-wrapper and attested under oath. Dr. Pierce thus invites the fullest investigation of his formula knowing that it will be found to contain only the best agents known to the most advanced medical science of all the different schools of practice for the cure of woman's peculiar weaknesses and ailments.

If you want to know more about the composition and professional endorsement of the "Favorite Prescription," send postal card request to Dr. R. V. Pierce, Buffalo, N. Y., for his free booklet treating of same or, better still, send 31 one-cent stamps for cloth-bound copy of Dr. Pierce's Common Sense Medical Adviser, new, revised up-to-date Edition, 1008 pages.

You can't afford to accept as a substitute for this remedy of known composition a secret nostrum of unknown composition. Don't do it. It is not only foolish but often dangerous to do so.



SEEDS \$1.50 Worth to Test Only 10 Cents

We ask you to try our Superior Seeds. One trial will make a convert. We will mail you full packet each of the following 15 Grand New Sorts for only 10 cents. These would cost at least \$1.50 elsewhere. BRET, Perfected Red Turnip, earliest, best. ONION, Prize-taker, at 3 lbs. 1000 lbs. per acre. CARBAGE, Winter Headed, early leader, fine. PARSNIP, White Sugar, long, smooth, sweet. CABBAGE, Improved Half-Long, best table sort. CABBAGE, White Iceberg, long, crisp, tender, best. CABBAGE, Winter Giant, large, crisp, good. TURNIP, Earliest in World, large, smooth, sweet. CUCUMBER, Family Favorite, favorite sort. TOMATO, Earliest in World, large, smooth, sweet. LETTUCE, Bell's Prize Head, early, tender. Flower Seeds, 25 sorts mixed, large packet. MUSK MELON, Luscious Gem, best grown. Sweet Peas, New California Giant Grand Mar. WATERMELON, Bell's Early, extra fine. Catalogue and Check for 10 cts. free with order. \$1.50 This to be returned. J. J. BELL SEED CO., Cor. Church & Front Sts., Deposit, N. Y.

THOUSANDS OF TESTIMONIALS

from grateful users have demonstrated that eruptions, inflammation and irritation of the skin, shingles, tetter, itching and inflamed piles, will promptly respond to the local application of

RESINOL

and their reports of the excellent results obtained furnish unquestionable proof of the value of this remedy. 50c a jar, all druggists, or sent direct on receipt of price. RESINOL CHEMICAL COMPANY, BALTIMORE, MD.

"It is as good for horses and dogs as for mankind."

W. P. Schmitz, Veterinarian, Hillsdale, Mass.

HOUSEHOLD ACCIDENTS

are common, they may cause BRUISES, SPRAINS, BURNS, CUTS, SCALDS, or worse. Don't suffer yourself or let others suffer. Keep constantly on hand the soothing oil that

CONQUERS PAIN

ST. JACOBS OIL

St. Jacobs Oil, Ltd., Baltimore, Md. Awarded SIX GOLD MEDALS at International Expositions for being the best pain cure.

More Free Homesteads

Secretary Ballinger has ordered 1,400,000 acres of choice land thrown open to settlers under the homestead laws, on and after March 1, 1910. This land is mostly level or rolling prairie and is covered with a heavy growth of wild grass. The soil is a brown clay loam. This land lies in Valley County,

Eastern Montana

It is known to be very fertile and wherever farming has been carried on, good yields of wheat, oats, rye, barley, flax, alfalfa, hay, potatoes and even corn have been obtained. The land is free under the homestead laws. No registration—no drawing. No long waits and disappointments as is the case with the lottery system. No expense—except the few dollars for filing fee.

The Great Northern Railway is now building a branch line through the very heart of the tract. Low one way and round trip rates during March and April. Send for map folder giving full details.

Ask for "Rocky Boy" Indian Lands Circular. E. C. LEEDY, General Immigration Agent, 1215 Great Northern Bldg., St. Paul, Minn.



PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without rippling apart. Write for free booklet—How to Dye, Bleach and Clean Colors. MONROE DRUG CO., Quincy, Ill.

For DISTEMPER

Pink Eye, Epizootic Shipping Fever & Catarrhal Fever

Bare eyes and nostrils preventive, no matter how horses at any age are infected are "cured." Liquid given on the tongue, acts on the blood and cleanses the poisonous germs from the body. Cures Distemper in dogs and sheep and Chumey in ponies. Largest selling distemper remedy. Cures La Grippe among human beings and is a fine kidney remedy. 50c and \$1 a bottle. Brand 20c a dozen. (Cut this out.) Keep it close to your nostrils, who will get it for you. Free booklet, "Distemper, Chumey and Cures." Special Agents wanted.

SPORN MEDICAL CO., Chemists and Bacteriologists GOSHEN, IND., U. S. A.



You Look Prematurely Old

Because of those ugly, grizzly, gray hairs. Use "LA OREOLE" HAIR RESTORER. PRICE, \$1.00, retail.